A Study about Impact of School Uniform on Students

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Abstract:

Uniform prepares students mentally to gain knowledge, to obey, to follow up teacher. It reminds duties as a student, bounds to play role effectively. It shows uniformity as a dedicated group for learning. It indicates aptness to do anything with great zeal and enthusiasm under the supervision of teachers. It is a symbol of proud and integration. Present study is targeted to find impact of uniform on primary to higher secondary students.

Introduction:

A school uniform policy defines what clothes must be worn to school. School uniforms improve discipline and leads to academic gains for students. Its adoption improves attendance. School uniforms positively impact our students and their parents by breaking down barriers in learning and social interaction, reducing on-campus violence and bullying, and creating a unified school experience.

Uniforms help remove distractions in the classroom by creating common ground for everyone; students can focus on their academics rather than on what they and others are wearing. It creates a unified community, reduces competition among students, and improves school spirit. School uniforms reduce economic and social barriers between students that often lead to bullying.

School uniform eliminates inappropriate clothing from entering the learning environment and provides administrators a way to identify unwelcomed visitors on campus. It inspires students to express themselves through their personality and achievements rather than by what they wear.
Past work in this field shows that wearing a uniform can decrease the risk of violence and theft, instill discipline. Studies show a reduction in the incidence of misbehavior. But then, there are others that show an increase in student suspensions. A few others show no significant change in student misbehavior. However, in some cases higher secondary students had showed misbehavior in this context. Generally decreased discipline problems, increased attendance and increased academic achievements are found.

Objective:

- Finding of impact of uniform among primary class students
- Finding of impact of uniform among middle class students
- Finding of impact of uniform among higher secondary class students

Hypothesis:

1. There is no significant impact of uniform on primary class students
2. There is no significant impact of uniform on middle class students
3. There is no significant impact of uniform on higher secondary class students

Methodology:

Descriptive survey method was used for this study. 300 students of class 1-12 were randomly selected for observation. Sample was categorized as primary, middle and higher secondary class students. In each category 50 male and 50 female students were kept. They were interviewed to know their views and feelings regarding uniform. Collected data was tabulated and comparatively analyzed using mean, std. deviation and t value as statistical tools.
Finding and Analysis:

Table- Status of Impact of Uniform on Students

<table>
<thead>
<tr>
<th>Student Category</th>
<th>Gender</th>
<th>Uniformity</th>
<th>Obedience</th>
<th>Proud</th>
<th>Dedication</th>
<th>Confidence</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Mean</td>
<td>S.D.</td>
<td>Mean</td>
<td>S.D.</td>
<td>Mean</td>
</tr>
<tr>
<td>Primary</td>
<td>Male</td>
<td>82.3</td>
<td>0.93</td>
<td>77.6</td>
<td>1.24</td>
<td>72.4</td>
</tr>
<tr>
<td></td>
<td>Female</td>
<td>84.7</td>
<td>1.06</td>
<td>79.2</td>
<td>0.96</td>
<td>76.7</td>
</tr>
<tr>
<td>Middle</td>
<td>Male</td>
<td>78.4</td>
<td>1.17</td>
<td>74.8</td>
<td>0.89</td>
<td>69.2</td>
</tr>
<tr>
<td></td>
<td>Female</td>
<td>81.6</td>
<td>0.86</td>
<td>78.3</td>
<td>0.91</td>
<td>72.3</td>
</tr>
<tr>
<td>Higher Secondary</td>
<td>Male</td>
<td>76.3</td>
<td>1.02</td>
<td>71.2</td>
<td>1.07</td>
<td>64.8</td>
</tr>
<tr>
<td></td>
<td>Female</td>
<td>77.1</td>
<td>0.91</td>
<td>76.7</td>
<td>0.85</td>
<td>66.7</td>
</tr>
</tbody>
</table>

Impact of uniform on Student’s is greater. Among primary students mean value of uniformity is 82.3 and 84.7, obedience value is 77.6 and 79.2, proud value is 72.4 and 76.7, dedication value is 74.8 and 751.3, confidence value is 76.4 and 78.3 for male and female respectively. Hence hypothesis 1, there is no significant impact of uniform on primary class students is rejected.
Among middle school students mean value calculated as 78.4 and 81.6 for uniformity, 74.8 and 78.3 for obedience, 69.2 and 72.3 for proud, 71.7 and 73.5 for dedication, 77.2 and 78.6 for confidence regarding male and female respectively. Therefore hypothesis 2, there is no significant impact of uniform on middle class students is rejected.

For higher secondary male students calculated data is 76.3, 71.2, 64.8, 68.6 and 79.8 respectively while for female students is 77.1, 76.7, 66.7, 66.4 and 81.7 respectively. Thus hypothesis 3, there is no significant impact of uniform on higher secondary class students is rejected.

Conclusion:

School uniform impacts school climate. It improves student's attendance, discipline and achievement. School uniform promotes self esteem of students, teachers and school. School environment becomes enriched and healthy. It increases uniformity, obedience, proud, dedication and confidence.

References:

3. Agarwal, D., Effects of School Uniform on Student's Achievement, Behavior and Attendance in Govt. School of Odisha: A Case Study of Sunder Garh district, E Thesis@NIT Rourkela.