



## A STUDY TO UNDERSTAND AND KNOWLEDGE ABOUT RELATIONSHIP BETWEEN ECONOMY AND PHYSICAL EDUCATION

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### **ABSTRACT**

Purpose of the study is to find out the relationship between economy and physical education. Try to prove this idea or hypothesis with secondary data or research and surveys conducted by various scholars, methodology adopted analysis and study reports and review of various workers. Finally i.e. concluded that economy effect and support the physical education play greater role in public health and use preventive tool for various health problem. With the improved condition of health we can achieve growth and progress and socio-economic welfare.

**Keywords:** Public Health, Preventive medicine, Economic progress, Economy, Economic growth, physiological and physical condition.

**Objective of the Study** is to find out and know about Relationship of economy and physical education.

## **ECONOMY AND PHYSICAL EDUCATION**

Our education and economy is interrelated both are equally effect each other. Above show the importance of Relationship Economy and Physical Education. In this article I will proved that economy always depend on the education.

### **Economy and Physical Education :**

Its and overview of economy and physical education relation and understand interrelation and inter dependence of economy and physical education. Highlight the issues faces by economy and physical education. And present an insight for solving problem of economics and physical education.

### **Purpose of the Study:**

First of all present the innovative work for problem of modern era healthy society and welfare economics. Be all are facing the problem of physical inactivity in our society facing problem in equally due health or medical problem. Various finding are concluded that people of developing countries are growing well with hardwork and skill but due to health issues and medical expenses they become again poor. This problem can be solve by physical education. The health problems result physical inactivity, bad habits, life style. So, this study will play are roll socio-economic welfare.

## **INTRODUCTION**

Before we go to the study let us previous entire course of article. It is made for understand the present economic scenario and condition of society. No one in our society is happy because their socio-economic condition. Psycho-physical condition. Socio-economic also depend on psycho-physical status of people, if we will try to improve the psycho-physical condition it is definite that socio-economic condition or status will improve entire topic or course is focuses on the relationship of economy and physical education, interrelation and interdependency of both system. Purpose or objective of this study provide insight for education managers make society according to future requirements with the help of physical education.

Firstly discussed in brief about economy and it's sub system of social system or state society. Describe various terms and concepts of economics.

Secondly about physical education it system or programme of physical activities and exercises, importance training and conditioning skills development, attitude development and enhancement of physical wellness.

Third- Broadly explain about economy and physical education. Economy is part of social system, nation state as same as physical education is part of education or a cultural system. Economy is depends on the physical education and physical education progress is depend on economic support. All the developing countries problem related to health or specially health related fitness or wellness, common public have not good attitude toward exercises and activities. They all are thinking it not good for future only emphasis on economic progress. They ignoring their fitness, wealth and health both are enabling and both need investment if we invest in the health either it personally or nationally. Future health problem may be prevented. Physical education is as preventive medicine. This medicine improve our economic progress and enhances our economic growth. It we save little but from health insurance or investment, medicine or treatment or establishing hospitals. This way improve our economic progress and enhances our economic growth. If we save little but from health insurance or investment medicine or treatment or establishing hospitals. This way we have much wealth for economic investment. Second our human resources are not wasted in illness and unfitness. Population involved in health services they are employed to other economic activities.

Interpretation of relationship between physical education and economy. Both are very deeply related. If good physical education organisation is rooted in progressive economic condition of society. Better physical education lead to economic prosperity by healthy citizens. Our economic structure is depended on the health and skill of member of society. Health and skill is enhanced by exercises. Exercising is guiding by physical educationist. Every physical education programme not enhanced our capacity but also build up a positive attitude for physical activities. It personally beneficiary for himself, but society also benefited.

### **Analysis various research and study conducted by scholar**

**1991, Salles and Mckenzie**, Published physical education's role in Public health" in research Quarterly for exercise and spent. They show in the findings that physical education have potential to improve and health of public. Improvement of public health. Biggest cut down this we give chance of our investors investment in other sector of economic to increase prosperity. It

describes that physical education programme develop our skill, enhances our physical capabilities, psychologically boost up our confidence.

The value of physical fitness in preventive medicine.

**RJ Shephard, CIBA foundation 1985.** This study have shown that physical education as tool or capable instrument of preventive medicine. It build-up physical fitness. So maximum oxygen transport reducing body fat, muscle development, control of body blood, balance between demand and supply of oxygen. These two research have enough evidence for health economy and health physical education. With the programme of exercise we can improve our health with improvement in public and community health.

**Research conducted on 1985 and 1991 Shepherd and McKenzie** proved that Health and community, health big issues for nation state and economy. Health problem not are endanger to person and their family but also for the society at large other for economy. Another it is socio-economic problem. It can address by physical education. Physical activities and exercise are great solution for public health community medicine. It is physical education work as preventive medicine for the ill society.

Comparison of physical education status and economic status of countries. A programme run by Brazilian state Sao-polo for increase the knowledge of physical activities among inhabitants of Sao-polo of Brazil. By centre of disease control and American collage of Sport Medicine CDC/ACSM recommendations.

**2014 Chinese Statistics Department** conducted that show economically forward state are more active physical activities. These study done by Chinese show that prosperity lead to physical activities, economic progress motivate in physical education. Physical education participation make you fit and fine. This fitness make more productive for self.

**USA and Europe including Russian,** they develop physical education programme essentially in all level of school education primary and secondary level. The children of school age get education and make self reliance for their health and wellness. Other developing countries like Chinese, Brazil, Korea also well programmed physical education exist in their school curriculum. They never undermine this concept that 'a sound mind in sound body'. So

they are growing the physical education importance at level of person and family, community or national, corporate and govt. also ignoring the physical education.

We understand economic status of country also important in physical education. But physical education develop our economy by health flying the society and improve physical fitness by community physical education of the common people. So they perform well in job and causes they well more prosper.

**Study conducted in China in 2014** shows or describe that ‘economic condition of various increased the participation physical education. This reality but another side reality is that various people or develop and developing countries are facing health related problem. Public health is greatest challenge of community and social medicine. Physical education can key role in prevention of these disease and health issues.

Many data based study interpreted that they no other mean of public health than physical education. Physical education will definitely solve the problem of health wellness modern and post modern society.

The future line it will a major tool of preventive medicine as well as defensive medicine. So time comes to go through physical education take in games and sports, dances, adventure, physical activities, exercises, yoga so and so.

Description of interrelation of physical education and economy. Physical education is dependent on economics and economy depended physical education prepare and aware younger generation. Economy provides support to physical education.

Both play great role in development growth of each other. Physical education basically progressive education. Education of life, it is education survival. Our economy is also play role for survival. Both are our betterment and happiness.

Analysis and evaluation of the physical education and economy we can assume that. Both are very important physical education provide give us education of exercises and economy provide us livelihood. Its important for health and wellness economy is important livelihood and survival. Both are aim to make our humanity happy and prosper. Our economy or economic issues are solved by physical education. Physical education is supported by our economic system and goal. These two sub-system together solve the problems of society poverty and

unemployment our basic problem. We find that social problems by our habits and attitude. Our modern problem of illness and unhealthy society

Lack of knowledge of physical education results are illness. Many people facing physical fitness related health problem. By this they are wasting lot wealth in the health and treatment and some time down from their previous status few people become poor. So physical education with programme of exercise can protect or prevent our health hazard by education and shaping our behaviour, building right attitude for physical fitness work.

Physical education is more valuable for economy or society. It provide an mechanism and parameter of health fitness promote and encourage commoners to elite participate in wellness programme. Give value and importance to health and fitness.

**Conclusion & Result:** Physical education is very important in our economy progress social development, socio-economic welfare, as culture heritage. Overall this economy and physical education is cross related, interrelated. Everyone effect and impact on each other. So at last physical education is very importance for economic development growth. So economy have need to support or promote health and physical education.

**Result:** This study shows that physical education have potential to solve the various problems of the economy. Various research scholar in their research concluded that physical education solve the problem of public health and work as preventive medicine.

#### References :

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